

## **SANTA MONICA UNITE HERE HEALTH BENEFIT TRUST FUND**

Administered By: Benefit Programs Administration  
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[www.santamonicauniteherefunds.org](http://www.santamonicauniteherefunds.org)

May 2023

To: Eligible Participants in the Santa Monica UNITE HERE Health Benefit Fund

From: The Board of Trustees

Re: Summary of Material Modifications (SMM)

Martin Luther King Community HealthCare Plan (MLK Care) – Reduced Copayments, Addition of Carelon/Beacon Mental Health, and Substance Abuse Network (MHSA) and Addition of Hinge Health Benefit

All Medical Plans – Carelon/Beacon Member Assistance Plan (MAP) Enhancement

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The Board of Trustees for the Santa Monica UNITE HERE Health Benefit Fund has made the following changes to your health plan:

### **I. New Copayment Changes – Martin Luther King Community HealthCare Plan (MLK Care)**

The Board of Trustees for the Santa Monica UNITE HERE Health Benefit Fund has recently taken action to remove copayment charges for the following items effective May 1, 2023, for participants enrolled in the Martin Luther King Community HealthCare Plan (MLK Care):

- Primary care visit to treat an injury or illness \$0
- Special Visit (referral needed) \$0
- Emergency Medical Transportation \$0
- Urgent Care \$0
- Co-insurance for Durable Medical Equipment 0%
  
- Outpatient Services for Mental Health, Behavioral Health, or Substance Abuse Services \$0
- Rehabilitation Services \$0
- Habilitation Services \$0

## **II. Carelon/Beacon Mental Health and Substance Abuse Network (MHS) – Martin Luther King Community HealthCare Plan (MLK Care)**

The Board of Trustees of the Santa Monica UNITE HERE Health Benefit Fund is delighted to inform you that effective July 1, 2023, the Fund will add the Carelon/Beacon Mental Health and Substance Abuse Network to your benefits for participants enrolled in MLK Care. This expanded network will provide you with access to additional providers for your Mental Health and Substance Abuse benefits. A referral from your primary physician is not required and the copayment is \$0.

You may access the Carelon/Beacon Mental Health and Substance Abuse Network by calling **(888) 479-6606** or going to [achievesolutions.net/santamonicaauhh](http://achievesolutions.net/santamonicaauhh).

## **III. Hinge Health – Martin Luther King Community HealthCare Plan (MLK Care)**

The Board of Trustees of the Santa Monica UNITE HERE Health Benefit Fund is pleased to inform you that the Fund will add Hinge Health to your benefits for participants enrolled in MLK Care effective February 1, 2023. You and your eligible family members will have access to digital exercise therapy programs. Hinge Health can help you reduce any back and joint pain, as well as pelvic pain due to menopause, in the comfort of your home. The digital clinic will create modified exercises designed for you and 1 on 1 support from a care team at zero cost to you.

- Overcome pain or limited movement
- Recover from a recent or past injury
- Keep your joints healthy and pain free
- Motion tracking technology
- Exercise therapy sessions
- Unlimited 1 on 1 coaching via text, email, or call
- Physical therapist appointments as needed

Doctor referrals are not needed to begin this program. **Call Hinge Health at (855) 902-2777 or go to [hinge.health/smuniterehere-bpa](http://hinge.health/smuniterehere-bpa) for more information. Look for more information by email and U.S. mail from Hinge Health about this program.**

## **IV. Carelon/Beach Member Assistance Plan (MAP) Enhancement – All Medical Plans**

The Board of Trustees of the Santa Monica UNITE HERE Health Benefit Fund is delighted to inform you that effective July 1, 2023, the Fund will expand the Member Assistance Plan benefits for participants from 3 outpatient visits per issue per year to 6 outpatient visits per issue per year at \$0 copay per visit. If additional visits are needed, you can continue to access outpatient mental health and substance abuse benefits through your medical plan.

To contact Beacon/Carelon, call (888) 479-6606. To text with a counselor, go to talkspace.com/BeaconEAP and enter "Santa Monica Unite".

*If you should have any questions regarding this notice, please contact the Fund's Administrative Office at (866) 345-5189 or (562) 463-5075.*

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