KAISER PERMANENTE: : TRADITIONAL PLAN

Coverage for: Individual / Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, see <a href="https://www.kp.org/plandocuments">www.kp.org/plandocuments</a> or call 1-800-278-3296 (TTY: 711). For general definitions of common terms, such as <a href="mailto:allowed amount">allowed amount</a>, <a href="mailto:balance billing">balance billing</a>, <a href="mailto:coinsurance">coinsurance</a>, <a href="mailto:copayment">copayment</a>, <a href="mailto:deductible">deductible</a>, <a href="mailto:provider">provider</a>, or other <a href="mailto:underlined">underlined</a> terms, see the Glossary. You can view the Glossary at <a href="www.healthcare.gov/sbc-glossary">www.healthcare.gov/sbc-glossary</a> or call 1-800-278-3296 (TTY: 711) to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0	See the Common Medical Events chart below for your costs for services this plan covers.
Are there services covered before you meet your deductible?	Not Applicable.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Medical out-of-pocket limit: \$1,500 Individual / \$3,000 Family. Prescription drug out-of-pocket limit: (applicable to prescription drugs from network pharmacies, except certain specialty drugs): \$750 individual / \$1,500/family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Medical out-of-pocket limit: Premiums, health care this plan doesn't cover, and services indicated in chart starting on page 2.  Prescription drug out-of-pocket limit: premiums, amounts (other than copayment) paid for brand drug when generic is available, balance-billing charges and health care this plan doesn't cover. Copayments for certain specialty drugs that are not essential health benefits (though eligible for reimbursement by the manufacturer at no cost to you) do not apply towards satisfying your out-of-pocket limit and will not be reimbursed at 100% once the out-of-	Even though you pay these expenses, they don't count toward the out-of-pocket limit.

Important Questions	Answers	Why This Matters:
	pocket limit is reached.	
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="https://www.kp.org">www.kp.org</a> or call 1-800-278-3296 (TTY: 711) for a list of <a href="https://www.kp.org">Plan Providers</a> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes, but you may self-refer to certain <u>specialists</u> .	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .

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All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common Medical			What You Will Pay		Limitations Everytions 8 Other
Event	Services You May Need	Plan Provider (You will pay the least)	Non-Plan Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
		Primary care visit to treat an injury or illness	\$15 / visit	Not covered	None
If you vis	sit a health	Specialist visit	\$15 / visit	Not covered	None
care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No charge	Not covered	None	
	Imaging (CT/PET scans, MRIs)	No charge	Not covered	None	
_		Generic drugs	\$3 copay / prescription (retail or mail order) Kaiser: \$15 / prescription (very limited selection)	Not covered	You must use a pharmacy in Express Scripts' Prime Network (within the United States) to fill your prescription or no coverage. Each retail prescription limited to

0 11 11		What You Will Pay		Limitations Evacutions 9 Other	
Common Medical Event	Services You May Need	Plan Provider (You will pay the least)	Non-Plan Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
about prescription drug coverage is available at www.express-scripts.com or call 1-800-451-6245.	Brand name drugs	\$ 6 copay / prescription (retail) \$5 copay / prescription (mail order) Kaiser: \$15 / prescription (very limited selection)	Not covered	a maximum 30-day supply. For maintenance medications, up to a 90-day supply is available using mail order. For maintenance drugs, you must decide whether to use mail order or a retail pharmacy. Two retail fills are allowed before you must notify Express Scripts of your decision. Except in case of urgent medical need, specialty medications must be filled through the Accredo pharmacy.	
	Specialty drugs	\$3 copay for generic (retail or mail order) \$ 6 copay / brand prescription (retail) \$5 copay / brand prescription (mail order) Kaiser: \$15 / prescription (very limited selection)	Not covered	Some drugs require <u>preauthorization</u> .  If you use a brand name drug when a generic is available, you will pay the difference in price between the brand name and the generic drug, plus the applicable <u>copay</u> . No charge for ACA-required <u>preventive care</u> drugs if purchased at a <u>network</u> pharmacy with a prescription from a physician.  For information on drugs not covered by the <u>plan</u> , call 1-800-451-6245, visit <u>www.express-scripts.com</u> , or download the Express Scripts app.	
				Certain specialty drugs have substantially higher copays than shown. If you are on one of these specialty drugs and you participate in the SaveOn SP program through Express Scripts, you will not have to pay the higher copays. However, if your specialty drug is on the SaveOn SP Drug list and you do not participate in the SaveOn SP program, you will be responsible for the full copay. The specialty drugs on the SaveOn SP Drug list,	

Common Madical		What You Will Pay		Limitations Evacutions ? Other	
Common Medical Event	Services You May Need	Plan Provider	Non-Plan Provider	Limitations, Exceptions, & Other Important Information	
		(You will pay the least)	(You will pay the most)		
				and the <u>copays</u> for those drugs, are subject to change. You will receive notification from SaveOn SP if you are on a <u>specialty drug</u> that is part of the SaveOn SP program. Please see "Important Questions" on page 1 for more information regarding the <u>prescription drug</u> out-of-pocket limit.	
				Kaiser: Up to a 30-day supply retail or mail order. Most outpatient <u>prescription drugs</u> are not covered through Kaiser.	
If you have	Facility fee (e.g., ambulatory surgery center)	\$15 / procedure	Not covered	None	
outpatient surgery	Physician/surgeon fees	No charge	Not covered	Physician/surgeon fees are included in the Facility fee.	
	Emergency room care	\$150 / visit	\$150 / visit	None	
If you need immediate medical attention	Emergency medical transportation	\$50 / trip	\$50 / trip	None	
	<u>Urgent care</u>	\$15 / visit	Not covered	Non-Plan Providers covered when temporarily outside the service area: \$15 / visit.	
If you have a	Facility fee (e.g., hospital room)	No Charge	Not covered	None	
hospital stay	Physician/surgeon fees	No Charge	Not covered	None	
If you need mental health, behavioral	Outpatient services	\$15 / individual visit. No Charge for other outpatient services.	Not covered	Mental / Behavioral health: \$7 / group visit. Substance abuse: \$5 / group visit.	
health, or substance abuse services	Inpatient services	No Charge	Not covered	None	
If you are pregnant	Office visits	No Charge	Not covered	Depending on the type of services, a copayment, coinsurance, or deductible may apply. Maternity care may include tests and services described elsewhere in the SBC	

Common Medical	Services You May Need	What You Will Pay		Limitations Essentians 9 Other
Event		Plan Provider (You will pay the least)	Non-Plan Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
				(i.e., ultrasound).
	Childbirth/delivery professional services	No Charge	Not covered	None
	Childbirth/delivery facility services	No Charge	Not covered	None
	Home health care	No charge	Not covered	2-hour limit / visit, 3 visit limit / day, 100 visit limit / year.
If you need help recovering or have other special health needs	Rehabilitation services	Inpatient: No Charge Outpatient: \$15 / visit	Not covered	None
	Habilitation services	\$15 / visit	Not covered	None
	Skilled nursing care	No Charge	Not covered	100-day limit / benefit period.
	Durable medical equipment	No Charge	Not covered	Prior authorization required.
	Hospice services	No Charge	Not covered	None
	Children's eye exam	No Charge for refractive exam.	Not covered	None
If your child needs dental or eye care	Children's glasses	Kaiser: Not covered VSP: 80% of costs above \$120 allowance for basic frames. No charge for most standard lenses.	Kaiser: Not covered VSP: Frames: All costs above \$70 allowance. Lenses: All costs above \$30 (single vision lenses), \$50 (bifocals and standard progressives), and \$65 (trifocals) allowances.	For vision coverage through Vision Service Plan (VSP), call 1-855-866-0942 for benefit information. Lenses and frames limited to once every 24 months. Charges apply for lens add-ons and premium progressive lenses.
	Children's dental check-up	Not Covered	Not covered	You may have other dental coverage not described here.

#### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

• Non-emergency care when traveling outside the U.S. • Weight loss programs

- Chiropractic care
   Cosmetic surgery
   Hearing aids
   Long-term care
   Private-duty nursing
   Routine foot care
- Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)
- Acupuncture (plan provider referred)
   Dental care (available through separate standalone
   Routine eye care (Adult) (limited benefit for

Infertility treatment

- Bariatric surgery
   Children's glasses (limited benefit for frames/lenses available through VSP)
- Dental care (available through separate standalone plan)
- Routine eye care (Adult) (limited benefit for frames/lenses available through VSP)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is shown in the chart below. Other coverage options may be available to you, too, including buying individual insurance coverage through the <a href="Health-Insurance Marketplace">Health-Insurance Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="https://www.Health-Care.gov">www.Health-Care.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact the agencies in the chart below.

Contact Information for Your Rights to Continue Coverage & Your Grievance and Appeals Rights:

Kaiser Permanente Member Services	1-800-278-3296 (TTY: 711) or <u>www.kp.org/memberservices</u>
Department of Labor's Employee Benefits Security Administration	1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform
Department of Health & Human Services, Center for Consumer Information & Insurance Oversight	1-877-267-2323 x61565 or <u>www.cciio.cms.gov</u>
California Department of Insurance	1-800-927-HELP (4357) or <u>www.insurance.ca.gov</u>
California Department of Managed Healthcare	1-888-466-2219 or <u>www.dmhc.ca.gov</u>

## Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

# **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-788-0616 (TTY: 711).

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-278-3296 (TTY: 711).

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-757-7585 (TTY: 711).

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-278-3296 (TTY: 711).

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

## **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
■ Specialist copayment	\$15
■ Hospital (facility) copayment	\$0
Other (blood work) copayment	\$0

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700
In this example, Peg would pay:	
Cost Sharing	
<u>Deductibles</u>	\$0
Copayments	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$60

# **Managing Joe's Type 2 Diabetes**

(a year of routine in-network care of a wellcontrolled condition)

\$0
\$15
\$0
\$0

### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600
In this example, Joe would pay:	
Cost Sharing	
<u>Deductibles</u>	\$0
Copayments	\$300
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$3,500
The total Joe would pay is	\$3,800

# **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
■ Specialist copayment	\$15
■ Hospital (facility) copayment	\$0
Other (x-ray) copayment	\$0

### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
In this example, Mia would pay:	
Cost Sharing	
<u>Deductibles</u>	\$0
Copayments	\$200
Coinsurance	\$10
What isn't covered	1
Limits or exclusions	\$0
The total Mia would pay is	\$210

Coverage examples do not include the value of the non-Kaiser benefits provided by other carriers. Contact the Plan Administrator with any questions.